

I, _____, as an individual, is requesting your time, thought, and effort to complete the following form to equate value. Through observation, interaction, and involvement value occurs by the movement of thought. Each person thinks, moves, and makes decisions based on each individual thought. Each person owns each thought independently and through each form of interaction, thought moves and gains value based on every individual decision that moves to and through one another by vital communication. Please list the following as follows:

Value of work in each different decision (time saved or lost):

Work Value is based on a format of \$24 - \$48 USD per hour. With your own value of work per hour, calculate the amount of money gained per min or hour saved or lost though any change in your own life through what you have learned from me. (If work is performed at home on your own time, calculate your own hourly rate.)

Calculate what your time is worth:

Answer G: _____per/hr or /min

1. Based on your work day split into four, eight, or twelve hour days per week:

A. Total your weekly hours and divide by 4, 8, or 12.
(hours per week split into 4, 8, 12 hour segments)

Answer A: _____ (time segments per day)

B. Before you decide to change a task based on what you learned estimate the time each task took you complete with a timer.
(The amount of time each task took with your way or process)

Answer B: _____ (The amount of time your way or process took per task)

C. As you work throughout your day total the amount of times you decided to change how you did each task differently.
(The amount of times you use your way or process per task)

Answer C: _____ (total amount of tasks per day)

D. Each time you decided to change how you work, estimate the amount of time each task took with each changed task with a timer.
(The amount of time my way or process took per task)

Answer D: _____

E. Subtract Answer A: _____ from Answer D: _____
(difference in your way/process or my way/process)

Answer E: _____ ($B - D = E$)

F. With Answer E: _____ divide Answer C: _____
(Total time difference per day, positive or negative)

Answer F: _____ ($E / C = F$)

G. With Answer E: _____ multiple Answer F: _____
(Value in positive equals a positive change, or a negative value equals negative change)


H. Input Answer G: _____ in space provided on page 1 of the form.

Date: _____

Signature of participant : _____

Nondisclosure Agreement:

(By receiving this form you agree not to discuss any process by means with any person or thing about previous or future involvement, interaction, or observation).

 9:55 ESPM
3/25/2021

